



**SIGMA SIXTH**  
SPORTS ACADEMY

# Football Fixtures

	AOC Premier	AOC Championship	Essex 1st	Essex 2nd	Essex 3rd	Woman's Premier	Woman's Championship
15/11	Felixstowe and Walton minibus	Needham (h)	Roding Valley (a) rearrange		Plume (a) roman booked	Varsity nine (h) 12 ko	
22/11	Shenfield (h)	Thorpe st andrew (a) minibus	Fitzwimarc (h) cup	Westcliff (h) cup	Beauchamps (a) cup roman	Cambridge (a) SEC booked	BYE
29/11	USP (a) minibus	Samuel Whitbread (a) Roman	Shenfield (a)	Colchester VI (h)	Helena Romanes (h)	Milton Keynes (a) Roman	Writtle (a) rearrange
1/12						Shenfield (h)	
6/12	West Suffolk (h)	Cup Week AoC		Braintree (a) minibus		CUP	
13/12	Dereham (a)	Dereham (a)	Roding Valley (h)	Colchester institute (a) no transport needed	Chemlsford (h)	East Norfolk (h)	USP (h)
3/1	Weather Week		Harris Chafford (a) rearrange	FITC (h) rearrange	SEC (a) rearrange	Hills Rd (a) rearrange	
10/1	BTEC exams		Harris Chobham (h)		Braintree (h)	BTEC Exams	East Norfolk (h)
17/1	BTEC exams	Samuel Whitbread (h)	FITC (h)	Chelmsford (a)		BTEC Exams	
24/1	St Ives (a)	Thorpe St Andrew (h)	USP (h)	Colchester institute (h)	Beauchamps (a) minibus	CUP	East Norfolk (a) roman
31/1	Spare Week	Sudbury (h)	SEC (a) minibus		Plume (h)	Shenfield (h)	Norwich (a) rearrange
7/2	Sudbury (h)	Needham (a) minibus		FITC (a)	Sweyne park (h)	Varsity nine (h)	BYE
14/2	Dereham (a)						WrittleWrittle (h)
21/2			FITC (a) minibus	Campion (a)			
28/2	Cup Week		SEC (h)	Braintree (h)	Braintree (a) minibus	CUP	
6/3	Spare Week		Shenfield (h)		Beauchamps (h)	BYE (a)	
13/3					Helena Romanes (a) minibus	Free Week	
20/3	PLAY OFFS		USP (a) minibus	Helena Romanes (h)	Sweyne park (a)	Cambridge (h)	
27/3						Milton keynes (h)	

# Rugby Fixtures

Date	Fixture & result	Competition
10th Jan 24	Sigma v Peterborough	AOC B
17th Jan 24	Sigma v COLVIC	AOC B
24th Jan 24	Wyke v Sigma	RL Cup
31st Jan 24	RL Cup 1/4 Final	RL Cup
7th Feb 24	Southend High v Sigma	Essex Cup
14th Feb 24	Cup week fixture TBC	
21st Feb 24	Half term break	Half term break
28th Feb 24	Essex 7s @ Barking	Essex 7s
6th Mar 24	RL Cup ½ Final   RFU 7s	RL Cup   7s @ Newbury
13th Mar 24	Cup week fixture TBC	TBC
20th Mar 24	TBC	TBC
27th Mar 24	TBC	TBC
Easter	Easter	Easter
17th Apr 24	Sigma v Gower	RL South @ Brunel KO 2.30pm
24th Apr 24	RL Cup Final	RL Cup
1st May 24	Sigma v Newman	RL South
8th May 24	Cymoed v Sigma	RL South @ Bristol KO 1.00pm
15th May 24	Newman v Sigma	RL South
22nd May 24	Southern 9s @ Hemel	RL South
<ul style="list-style-type: none"> <li>• Fixtures subject to change</li> </ul>		



**SIGMA SIXTH**  
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# Basketball Fixtures

Date	AOC CBL East	AOC Mens East
8/11	Queen's School (H)	
15/11	Newham (H)	
22/11	Bedford (H)	Oaklands 3rd (a) SEC
29/11		Oaklands 4th (h)
1/12		
6/12	Leyton 6th (H)	
13/12		
20/12	Long Rd (H)	
2024		
10/1	NCC Epping (a)	
17/1	West Anglia (A) Roman	
24/1	Queen's (A) roman	
31/1	Newham (A) Roman	Col VI (a)
7/2	Bedford (A)	Suffolk New (a)
14/2	Leyton 6th (A)	
6/3	Moulton (H)	USP SEEVIC (h)
13/3		Oaklands 3rd (h)